

Nazareth Conference Tune-Up
Golisano Training Center - 2/18/2022

Results

Women 60 Meter Dash Invitational

Facility: 7.65 F 3/7/2020 **Amanda Crooks**
AARFTC: 8.10 A

Name	Yr	School	Prelims
Preliminaries			
1	Annabelle Shanks	FR Rochester	A 8.07Q
2	Susan Bansbach	JR Rochester	A 8.08Q
3	Kate Koutsourades	SO Geneseo	8.17Q
4	Khia Laster	FR Buffalo State	8.17Q
5	Riley Norris	FR Nazareth	8.22q
6	Natalie Ricci	JR Sage	8.23q
7	Victoria Florczak	FR Buffalo State	8.25q
8	Kristin Hardy	JR Rochester	8.26q
9	Ava Pezzimenti	FR RIT	8.27
10	Julianna Klimow	FR Geneseo	8.28
11	Grace Wright	FR St. John Fisher	8.29
12	Sarah Merriwether	JR Nazareth	8.31
13	Maria Covelli	JR St. John Fisher	8.32
14	Emily Salvemini	SO Geneseo	8.33
15	Lauren Berry	SR Rochester	8.36
16	Alyssa Hoogs	JR Rochester	8.42
17	Aniya McGhie	FR Brockport	8.46
18	Allison Lennebacker	FR St. John Fisher	8.47
19	Breanna Lambert	SR St. John Fisher	8.48
20	Amelia Geesler	FR Sage	8.50
21	Jael Ernest Fleurant	JR Rochester	8.59
22	Julia Gerringer	SO Sage	8.59
23	Alexis Aboagye	FR Rochester	8.64
24	Mary Shaker	FR Houghton	8.72
25	Marilyn Amborski	FR Houghton	8.73
26	Milan Simmons	FR St. John Fisher	8.77
27	Hosanna Spronk	FR Houghton	8.92
28	Ashley Holt	FR St. John Fisher	9.01
---	Emily Salman	FR Rochester	FS
---	Alyssa McClurg	FR Sage	DNS

Women 60 Meter Dash

Facility: 7.65 F 3/7/2020 **Amanda Crooks**
AARFTC: 8.10 A

Name	Yr	School	Finals
Finals			
1	Bryanna Roos	SR Buffalo State	8.82
2	Sydney Vanderhoof	JR Nazareth	8.82
3	Paige Lundgren	FR St. John Fisher	8.91
4	Hannah Heintz	FR Houghton	8.94
5	Violet Ameele	SO RIT	8.98
6	Victoria Dietrich	FR PSU-Behrend	8.98
7	Shannon Burns	FR PSU-Behrend	9.00
8	Sarah Armenia	FR Brockport	9.04
9	Amelia Brown	FR Houghton	9.12
10	Reegan Mitchell	FR Houghton	9.12
11	Megan Jones	SR Alfred	9.19
12	Anna Breidenbach	SO Sage	9.27
13	Rachael Buhl	FR PSU-Behrend	9.28

14	Sonia Hernandez	JR Oswego	9.76
15	Mackenzie Grosskopf	SR Alfred	10.49
---	Nicole Thompson	SO Buffalo State	FS
---	Alyssa Fitzgerald	SO Sage	DNS
---	Jasmine Zollman	SO Sage	DNS
---	Brooklyn Lawrence	FR Buffalo State	DNS

Women 60 Meter Dash Invitational

Facility: 7.65 F 3/7/2020 **Amanda Crooks**
AARFTC: 8.10 A

Name	Yr	School	Finals
Finals			
1	Susan Bansbach	JR Rochester	8.04A
2	Khia Laster	FR Buffalo State	8.10A
3	Annabelle Shanks	FR Rochester	8.11
4	Natalie Ricci	JR Sage	8.15
5	Kate Koutsourades	SO Geneseo	8.23
6	Riley Norris	FR Nazareth	8.23
7	Victoria Florczak	FR Buffalo State	8.26
8	Kristin Hardy	JR Rochester	8.26

Women 200 Meter Dash

Facility: 25.35 F 3/7/2020 **Eshone Cofield-Jackson**
AARFTC: 26.70 A

Name	Yr	School	Finals
Finals			
1	Susan Bansbach	JR Rochester	25.78A
2	Caroline Hill	FR RIT	26.22A
3	Brenna Johnson	SR Nazareth	26.51A
4	Natalie Ricci	JR Sage	26.52A
5	Kristin Hardy	JR Rochester	26.55A
6	Grace Wright	FR St. John Fisher	26.60A
7	Kate Koutsourades	SO Geneseo	26.73
8	Ashleigh Lacy	SR Oswego	26.83
9	Khia Laster	FR Buffalo State	26.92
10	Emma Flaitz	FR Geneseo	27.12
11	Allyn Madden	JR Geneseo	27.13
12	Annabelle Shanks	FR Rochester	27.16
13	Julianna Klimow	FR Geneseo	27.23
14	Clara Sensini	SR Buffalo State	27.25
15	Eileen Bequette	SR Rochester	27.27
16	Sam Pynn	FR Geneseo	27.34
17	Lena Kiehl	FR Geneseo	27.68
18	Breanna Lambert	SR St. John Fisher	27.77
19	Amelia Geesler	FR Sage	27.79
20	Abbey Szumloz	SR Nazareth	27.81
21	Julia Gerringer	SO Sage	27.90
22	Madeleine Vogel	SR Rochester	27.90
23	Yeidi Yuja	FR Rochester	27.91
24	Lauren Berry	SR Rochester	27.95
25	Margaret Guilfoyle	FR Geneseo	28.04
26	Megan Bell	FR Rochester	28.11
27	Ivy Laffan	FR PSU-Behrend	28.11
28	Aniya McGhie	FR Brockport	28.12
29	Alexis Aboagye	FR Rochester	28.16
30	Sarah Rivet	SO Alfred State	28.22

**Nazareth Conference Tune-Up
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Results**Finals ... (Women 200 Meter Dash)**

	Name	Yr	School	Finals
31	Jael Ernest Fleurant	JR	Rochester	28.32
32	Alexandria Wisniewski	SO	Houghton	28.37
33	Haley DeJager	JR	Houghton	28.40
34	Victoria Florczak	FR	Buffalo State	28.44
35	Katelyn Jacques	FR	Geneseo	28.46
36	Emma Wright	FR	St. John Fisher	28.55
37	Mary Shaker	FR	Houghton	28.57
38	Riley Norris	FR	Nazareth	28.58
39	Marilyn Amborski	FR	Houghton	29.16
40	Hannah Heintz	FR	Houghton	29.23
41	Olivia Smock	FR	Geneseo	29.30
42	Paige Lundgren	FR	St. John Fisher	29.35
43	Lauryn Wilson	SR	Rochester	29.40
44	Amelia Brown	FR	Houghton	29.44
45	Ally Alvira	FR	Geneseo	29.45
46	Ashley Page	SO	Alfred	29.59
47	Kayla Guerre	SR	Oswego	29.68
48	Emily Salman	FR	Rochester	29.76
49	Bryanna Roos	SR	Buffalo State	29.92
50	Brooklyn Lawrence	FR	Buffalo State	30.19
51	Maria Rodriguez	FR	Houghton	30.22
52	Allison Lennebacker	FR	St. John Fisher	30.32
53	Haley Felton	FR	PSU-Behrend	30.47
54	Izzy Spire	SO	PSU-Behrend	30.52
55	Kassidy Burrows	SO	RIT	30.64
56	Annabelle Townsend	FR	Alfred	31.30
57	Ashley Holt	FR	St. John Fisher	31.32
58	Jasmine Zollman	SO	Sage	31.40
59	Shannon Burns	FR	PSU-Behrend	31.48
60	Sara Badeau	FR	Alfred	31.66
61	Anna Breidenbach	SO	Sage	32.02
62	Rachael Buhl	FR	PSU-Behrend	32.50
63	Olivia Chamberlin	SO	Alfred	32.58
64	Merideth Diegel	FR	Sage	32.86
65	Sonia Hernandez	JR	Oswego	33.37
66	Megan Jones	SR	Alfred	33.78
67	Mackenzie Grosskopf	SR	Alfred	36.58
---	Victoria Dietrich	FR	PSU-Behrend	DNS

Women 400 Meter Dash

Facility: 56.89 F 12/10/2021 Madison Mulder

AARFTC: 1:01.00 A

	Name	Yr	School	Finals
Finals				
1	Madeline O'Connell	JR	Rochester	59.30A
2	Marissa Dispenza	NA	UNAT-RIT	59.80A
3	Emma Flaitz	FR	Geneseo	1:00.31A
4	Clara Sensini	SR	Buffalo State	1:00.39A
5	Allyn Madden	JR	Geneseo	1:01.33
6	Jennifer Metz	JR	Brockport	1:01.97
7	Kate Isaac	SO	Rochester	1:01.97
8	Lena Kiehl	FR	Geneseo	1:02.31
9	Ivy Laffan	FR	PSU-Behrend	1:02.38
10	Megan Bell	FR	Rochester	1:03.29

11	Isabella Heath	SO	Nazareth	1:04.08
12	Sarah Rivet	SO	Alfred State	1:04.41
13	Margaret Guilfoyle	FR	Geneseo	1:04.65
14	Olivia Gilbert	FR	Alfred	1:05.29
15	Brenda Le	FR	St. John Fisher	1:05.99
16	Kristen McDonough	FR	RIT	1:06.02
17	Evelyn Smith	SO	Fredonia	1:06.04
18	Ashley Page	SO	Alfred	1:06.15
19	Lauryn Wilson	SR	Rochester	1:06.36
20	Marina Micketish	FR	Alfred State	1:06.46
21	Haley DeJager	JR	Houghton	1:06.76
22	Sabrina Donoghue	SO	Brockport	1:07.09
23	Morgan Brothers	SR	Alfred	1:07.46
24	Alicia Dixon	SO	Fredonia	1:08.27
25	Izzy Spire	SO	PSU-Behrend	1:08.36
26	Victoria Dietrich	FR	PSU-Behrend	1:09.02
27	Maria Rodriguez	FR	Houghton	1:10.77
28	Katherine O'Buckley	JR	Alfred State	1:10.77
---	Julia Gerringer	SO	Sage	DNS
---	Hayly Fredrickson	FR	St. John Fisher	DNS
---	Emma Wright	FR	St. John Fisher	DNS
---	Megan McAllister	SR	St. John Fisher	DNS

Women 800 Meter Run

Facility: 2:16.23 F 1/25/2020 Carly Danoski

AARFTC: 2:23.00 A

	Name	Yr	School	Finals
Finals				
1	Kaitlyn Grossman	FR	Geneseo	2:26.30
2	Claire Lenihan	JR	Geneseo	2:26.97
3	Carissa Minarovich	JR	Rochester	2:27.13
4	Claire Bargabos	SR	Nazareth	2:27.91
5	Katie Mullady	JR	Geneseo	2:27.95
6	Hannah Fiorentine	FR	Geneseo	2:28.26
7	Janelle Eckl	FR	Geneseo	2:29.10
8	Amanda Burrichter	SO	Houghton	2:29.56
9	Katherine Benninger	SO	Rochester	2:29.98
10	Emily Weaver	SR	Nazareth	2:31.51
11	Paige Ackley	SO	Nazareth	2:32.17
12	Miah Lee	FR	Geneseo	2:33.80
13	Alexis Anagnostopoulos	SR	Nazareth	2:34.45
14	Michelle Fitting	FR	Geneseo	2:34.70
15	Angelea Collins	SO	St. John Fisher	2:35.42
16	Leigha Gould	SO	Nazareth	2:35.52
17	Veronica Szygalowicz	FR	Geneseo	2:35.55
18	Ashley Martinez	SR	Brockport	2:35.88
19	Olivia Gilbert	FR	Alfred	2:37.55
20	Grace Cummings	JR	St. John Fisher	2:37.55
21	Isabella Cottone	FR	Geneseo	2:37.55
22	Rachel Domaracki	SO	Houghton	2:39.42
23	Gretchen Dowd	FR	Oswego	2:40.26
24	Ada Sylvester	SO	St. John Fisher	2:41.26
25	Logan Fredrickson	FR	St. John Fisher	2:41.37
26	Vanessa Ryhal	FR	Fredonia	2:41.82
27	Aubrie Cole	FR	Houghton	2:42.56
28	Juliana Flick	FR	Geneseo	2:42.59

**Nazareth Conference Tune-Up
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Results**Finals ... (Women 800 Meter Run)**

	Name	Yr	School	Finals
29	Laura Ferris	SO	Alfred State	2:43.87
30	Sarah Lutkins	FR	Alfred	2:44.40
31	Abrianna Kruger	SO	Geneseo	2:49.68
32	Adriana Straughter	JR	Geneseo	2:49.85
33	Kennedy McCoy	FR	Houghton	2:50.49
34	Lanna Wandy	FR	Geneseo	2:51.40
35	Victoria Collins	FR	St. John Fisher	2:58.87
36	Maddie Bowen	FR	St. John Fisher	3:14.74
37	Hethar Scutt	FR	Sage	4:06.41
---	Mackenzie Feeney	JR	Sage	DNS
---	Faith Coyle	FR	Oswego	DNS
---	Riley Jameson	FR	St. John Fisher	DNS
---	Ruth DeSanctis	FR	Nazareth	DNS

Women 1000 Meter Run

Facility: 3:04.00 F 1/25/2020 Julia Myers

	Name	Yr	School	Finals
Finals				
1	McKenzie Hall	FR	Alfred	3:22.37
2	Katherine Benninger	SO	Rochester	3:26.05
3	Jade Kimmel	FR	RIT	3:27.53
4	Kristin Kelemen	SO	Fredonia	3:33.98
5	Audrey Gillette	FR	RIT	3:37.58
6	Amanda Brunken	FR	RIT	3:44.10

Women 1 Mile Run

Facility: 5:03.98 F 3/7/2020 Katelyn Bernotas

AARFTC: 5:22.00 A

	Name	Yr	School	Finals
Finals				
1	Kathleen McCarey	SO	Geneseo	5:11.94A
2	Lilly Fowler-Conner	FR	Geneseo	5:21.52A
3	Olivia Nola	FR	PSU-Behrend	5:23.05
4	Megan Morin	SR	Nazareth	5:24.87
5	Taylor Domico	SR	RIT	5:29.02
6	Taylor Highers	SR	St. John Fisher	5:30.63
7	Kerry Flower	JR	Brockport	5:33.27
8	Sennett Turner	SO	Rochester	5:33.91
9	Veronica Szygalowicz	FR	Geneseo	5:35.39
10	Alivia Collins	SR	St. John Fisher	5:36.13
11	Alicia Lawson	FR	Rochester	5:36.64
12	Mackenzie Feeney	JR	Sage	5:39.73
13	Danielle Wallace	NA	UNAT-RIT	5:41.92
14	Rachel Domaracki	SO	Houghton	5:43.40
15	Tabitha Clark	FR	Houghton	5:43.93
16	Lydia Cox	SO	Brockport	5:45.12
17	Isabella Cottone	FR	Geneseo	5:46.60
18	Kyra Sandercock	JR	Rochester	5:48.62
19	Julianne Young	SO	RIT	5:49.60
20	Faith Coyle	FR	Oswego	5:49.93
21	Emily Blake	SR	Oswego	5:51.97
22	Elisabeth Kettinger	JR	Houghton	5:54.92
23	Kennedy McCoy	FR	Houghton	5:55.57
24	Lauren Yonko	FR	Brockport	5:56.94

25	Kassidy Manke	SR	Buffalo State	6:03.33
26	Peyton Tripp	FR	Nazareth	6:05.41
27	Abigail Morrissey	SR	RIT	6:20.64
28	Julianne Wilson	FR	Brockport	6:21.09
29	Riley Jameson	FR	St. John Fisher	6:21.32
30	Summer Kier	FR	Alfred State	6:28.98
31	Alesia Duffee	FR	Houghton	7:37.03
---	Lilianna Hanning	SO	Nazareth	DNS
---	Penelope Greene	FR	Geneseo	DNS

Women 3000 Meter Run

Facility: 10:09.11 F 3/7/2020 Annibel Coolican

AARFTC: 10:40.00 A

	Name	Yr	School	Finals
Finals				
1	Rachel Hirschkind	SO	Geneseo	10:08.99F
2	Emily Miller	FR	Geneseo	10:42.11
3	Katie Cobos	JR	RIT	10:42.78
4	Veronica Daily	SR	Brockport	10:48.58
5	Ella Wise Bellin	SR	Rochester	10:57.17
6	Olivia Nola	FR	PSU-Behrend	11:08.16
7	Gabriella McCarthy	FR	Geneseo	11:10.31
8	Ally Battaglia	FR	Fredonia	11:12.19
9	Alexandra Ventresca	FR	Geneseo	11:16.59
10	Emma Cronin	JR	Sage	11:23.18
11	Katherine Peterson	FR	Geneseo	11:23.18
12	Lauren Puchta	FR	Brockport	11:24.32
13	Morgan Gould	SR	St. John Fisher	11:27.64
14	Ellie Decker	FR	Oswego	11:30.41
15	Samantha Padula	JR	Geneseo	11:35.36
16	Meredith Masker	FR	Brockport	11:36.69
17	Emily Ferrans	SO	PSU-Behrend	11:38.36
18	Isabel Marzec	FR	Geneseo	11:39.33
19	Kayla Storie	FR	Geneseo	11:39.95
20	Michelle Gagliardo	FR	Geneseo	11:41.62
21	Kassidy Manke	SR	Buffalo State	11:42.98
22	Katie Jacobs	JR	RIT	11:48.52
23	Mari Jablonski	SO	Alfred	11:50.93
24	Alexa Binney	FR	Houghton	11:53.06
25	Abigail Perry	SO	St. John Fisher	11:57.80
26	Elizabeth Ingellis	FR	Sage	11:57.88
27	Molly O'Brien	FR	Geneseo	12:04.95
28	Audrey Carragher	FR	St. John Fisher	12:07.56
29	Lauren Almy	SO	St. John Fisher	12:15.81
30	Sabrina Antonini	FR	St. John Fisher	12:21.35
31	Jessie Johnson	JR	PSU-Behrend	12:29.70
32	Maggie Dolloff	FR	St. John Fisher	12:38.24
33	Rebecca Cropsey	SR	Oswego	12:45.58
34	Samantha Arthurs	SO	Alfred	12:59.31
35	Claudia Garcia	JR	Rochester	13:04.03
36	Sally Johnston	SR	Alfred	13:56.63
---	Emily Blake	SR	Oswego	DNS

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Results

Women 60 Meter Hurdles

Facility: 8.94 F 3/6/2020 Kaila Carter
AARFTC: 9.50 A

Name	Yr	School	Prelims
Preliminaries			
1 Ashley Heffernan	SO	Rochester	A 9.22Q
2 Kelsie Naldrett	SR	Brockport	A 9.36Q
3 Adriana Straughter	JR	Geneseo	A 9.45Q
4 Eileen Bequette	SR	Rochester	9.59Q
5 Mackenzie Gilligan	FR	Nazareth	9.64q
6 Michelle Fitting	FR	Geneseo	9.72q
7 Allison Regnante	FR	RIT	9.74q
8 Alyssa Delany	SO	Alfred State	9.88q
9 Abbey Szumloz	SR	Nazareth	9.89
10 Milan Simmons	FR	St. John Fisher	9.98
11 Emma Taggart	SO	Alfred State	9.99
12 McKenna Cone	JR	St. John Fisher	9.99
13 Alexandria Wisniewski	SO	Houghton	10.04
14 Abrianna Kruger	SO	Geneseo	10.18
15 Lanna Wandy	FR	Geneseo	10.27
16 Madison Baker	SR	Brockport	10.32
17 Marina Miketish	FR	Alfred State	10.33
18 Sydney Vanderhoof	JR	Nazareth	10.37
19 Janelle Eckl	FR	Geneseo	10.42
20 Hannah Ragule	SO	Nazareth	10.52
21 Katie Mullady	JR	Geneseo	10.57
22 Sydney Preston	JR	Fredonia	10.60
23 Haley Felton	FR	PSU-Behrend	10.67
24 Abigail Seamans	FR	Rochester	10.73
25 Tima Abdellatif	SR	Buffalo State	10.80
26 Bianca Durso	SO	Alfred	11.01
27 Merideth Diegel	FR	Sage	11.08
28 Ada Sylvester	SO	St. John Fisher	11.09
29 Kelsey Sainsbury	SO	St. John Fisher	11.59
30 Katie Widmer	FR	Houghton	11.67

Women 60 Meter Hurdles

Facility: 8.94 F 3/6/2020 Kaila Carter
AARFTC: 9.50 A

Name	Yr	School	Finals
Finals			
1 Ashley Heffernan	SO	Rochester	9.23A
2 Kelsie Naldrett	SR	Brockport	9.32A
3 Adriana Straughter	JR	Geneseo	9.39A
4 Mackenzie Gilligan	FR	Nazareth	9.41A
5 Eileen Bequette	SR	Rochester	9.75
6 Alyssa Delany	SO	Alfred State	9.76
7 Michelle Fitting	FR	Geneseo	9.77
8 Allison Regnante	FR	RIT	9.91

Women 4x200 Meter Relay

Facility: 1:44.13 F 3/7/2020 Rowan
Johnson, Mcleod-Whitener, Robinson, Fadahunsi

Team	Relay	Finals
Finals		
1 Geneseo	A	1:44.56
1) Jenna Strickland SR	2) Gwen Shepardson JR	
3) Laura Zopf SR	4) Anna Flaitz JR	
--- Sage	A	DNS
1) Natalie Ricci JR	2) Julia Gerringer SO	
3) Amelia Geesler FR	4) Mackenzie Feeney JR	

Women 4x400 Meter Relay

Facility: 3:52.28 F 3/6/2020 Rochester
M Burrell, S Bansbach, E Bequette, K Hardy
AARFTC: 4:10.00 A

Team	Relay	Finals
Finals		
1 Geneseo	A	3:55.96A
1) Jenna Strickland SR	2) Laura Zopf SR	
3) Gwen Shepardson JR	4) Anna Flaitz JR	
2 Nazareth	A	4:06.85A
1) Abbey Szumloz SR	2) Elizabeth Decker SR	
3) Lauren Bendall SO	4) Brenna Johnson SR	
3 RIT	A	4:14.90
1) Caroline Hill FR	2) Sierra Kegler SR	
3) Kristen McDonough FR	4) Ava Pezzimenti FR	
4 Nazareth	B	x4:28.27
1) Paige Ackley SO	2) Leigha Gould SO	
3) Ruth DeSanctis FR	4) Alexis Anagnostopoulos SR	
5 Alfred	A	4:31.97
1) Ashley Page SO	2) McKenzie Hall FR	
3) Olivia Gilbert FR	4) Morgan Brothers SR	
6 Houghton	A	4:36.68
1) Tabitha Clark FR	2) Elisabeth Kettinger JR	
3) Aubrie Cole FR	4) Katie Widmer FR	
7 PSU-Behrend	A	4:39.96
1) Victoria Dietrich FR	2) Ivy Laffan FR	
3) Izzy Spires SO	4) Haley Felton FR	
--- Sage	A	DNS
1) Amelia Geesler FR	2) Julia Gerringer SO	
3) Mackenzie Feeney JR	4) Natalie Ricci JR	

Women High Jump

Facility: 1.65m F 3/7/2020 Susann Foley
AARFTC: 1.56m A

Name	Yr	School	Finals
Finals			
1 Danielle Fisk	FR	Cortland	1.61mA
2 Michaela Levesque	SO	Brockport	1.61mA
3 Halle King	SR	Brockport	1.56mA
4 Jenna Berry	SR	Geneseo	1.56mA
5 Sarah Killip	JR	Brockport	1.51m
6 Emma Taggart	SO	Alfred State	1.51m
7 Lela Spronz	FR	Geneseo	1.46m

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Results

Finals ... (Women High Jump)

	Name	Yr	School	Finals
8	Kassidy Burrows	SO	RIT	1.46m
9	Bianca Durso	SO	Alfred	1.46m
10	Janelle Eckl	FR	Geneseo	1.41m
10	Michelle Fitting	FR	Geneseo	1.41m
10	Jennah Ferrari	JR	St. John Fisher	1.41m
10	Emily Abbati	SO	Geneseo	1.41m
14	Brenna Johnson	SR	Nazareth	1.41m
15	Claudia Vogel	SO	St. John Fisher	1.36m
15	Michelle Russotti	FR	Brockport	1.36m
17	Isabella Defeo	SO	Brockport	1.36m
18	Sara Badeau	FR	Alfred	1.36m
---	Madison Baker	SR	Brockport	NH
---	Lexi Phillips	SO	Brockport	NH
---	Hunter Czajkowski	FR	Brockport	NH
---	Rebecca Marsh	JR	St. John Fisher	NH
---	Destiny Rivera	FR	Buffalo State	NH

Women Pole Vault

Facility: 3.93m F 1/29/2022 Meghan Matheny

AARFTC: 3.20m A

	Name	Yr	School	Finals
Finals				
1	Madeline O'Connell	JR	Rochester	3.51mA
2	Ashley Heffernan	SO	Rochester	3.51mA
3	Noelle Coolican	JR	Geneseo	3.21mA
4	Haley Lerner	FR	Fredonia	3.06m
4	Mya Henry	FR	Brockport	3.06m
6	Kimmy Arena	SO	Cortland	3.06m
7	Catherine Fox	JR	RIT	3.06m
8	Tess Eichner	SO	Brockport	3.06m
9	Sydney Angus	JR	Geneseo	2.91m
10	Hosanna Spronk	FR	Houghton	2.76m
11	Gillian Laco	SR	Brockport	2.76m
12	Lauren Bendall	SO	Nazareth	2.61m
13	Hayly Fredrickson	FR	St. John Fisher	2.46m
14	Ciara Murphy	FR	Brockport	2.46m
---	Claire Lenihan	JR	Geneseo	NH
---	Hunter Czajkowski	FR	Brockport	NH
---	Reegan Mitchell	FR	Houghton	NH
---	Emily Frech	FR	St. John Fisher	DNS

Women Long Jump

Facility: 5.84m F 2/27/2021 Alexa Wandy

AARFTC: 5.25m A

	Name	Yr	School	Finals
Finals				
1	Alexa Wandy		Unattached	5.61mA
2	Emily Salvemini	SO	Geneseo	5.42mA
3	Veronica Duell	FR	St. John Fisher	5.31mA
4	Halle King	SR	Brockport	5.29mA
5	Katelyn Jacques	FR	Geneseo	5.14m
6	Sam Pynn	FR	Geneseo	5.13m
7	Zoe Fortin	SR	Rochester	5.11m
8	Olivia Smock	FR	Geneseo	5.05m

9	McKenzie Leahey	JR	Nazareth	5.03m
10	Hannah Ragule	SO	Nazareth	5.00m
11	Alyssa Hoogs	JR	Rochester	5.00m
12	Mia Montgomery	SR	Brockport	4.95m
13	Kayla Guerre	SR	Oswego	4.95m
14	Lanna Wandy	FR	Geneseo	4.85m
14	Brenna Johnson	SR	Nazareth	4.85m
16	Alyssa Delany	SO	Alfred State	4.83m
17	Aniya McGhie	FR	Brockport	4.81m
18	Ally Alvira	FR	Geneseo	4.78m
19	Isabella Heath	SO	Nazareth	4.77m
20	Sarah Merriwether	JR	Nazareth	4.75m
21	Noelle Coolican	JR	Geneseo	4.73m
22	Mackenzie Gilligan	FR	Nazareth	4.70m
23	Chanyce Powell	SR	Brockport	4.70m
24	Bianca Durso	SO	Alfred	4.66m
25	Quinn Taylor	SO	Rochester	4.63m
26	Lauren Berry	SR	Rochester	4.61m
27	Madeline Cole	SO	Alfred State	4.60m
28	Shannon Burns	FR	PSU-Behrend	4.60m
29	Sarah Daunce	FR	Alfred State	4.59m
30	Miah Idzi	FR	Houghton	4.53m
31	Abrianna Kruger	SO	Geneseo	4.33m
32	Jasmine Zollman	SO	Sage	4.17m
33	Madison Baker	SR	Brockport	4.10m
34	Anaheysha Baptiste-White	SO	Brockport	4.08m
---	Alyssa McClurg	FR	Sage	DNS
---	Angela Carlson	FR	St. John Fisher	DNS

Women Triple Jump

Facility: 12.24m F 2020

Nia Williams-Matthews

AARFTC: 10.75m A

	Name	Yr	School	Finals
Finals				
1	Alexa Wandy		Unattached	12.88mF
2	Chanyce Powell	SR	Brockport	11.43mA
3	Mia Montgomery	SR	Brockport	10.91mA
4	Alyssa Delany	SO	Alfred State	10.52m
5	Jenna Berry	SR	Geneseo	10.46m
6	McKenna Cone	JR	St. John Fisher	10.36m
7	Michaela Levesque	SO	Brockport	10.23m
8	Mackenzie Gilligan	FR	Nazareth	10.05m
9	Lily Schnell	SO	Alfred State	9.98m
10	Sarah Daunce	FR	Alfred State	9.81m
11	Violet Ameele	SO	RIT	9.54m
12	Lexi Phillips	SO	Brockport	9.28m
13	Miah Idzi	FR	Houghton	8.97m
14	Katie Widmer	FR	Houghton	8.78m
---	Sabrina Donoghue	SO	Brockport	FOUL
---	Annabelle Townsend	FR	Alfred	FOUL
---	Anaheysha Baptiste-White	SO	Brockport	FOUL
---	Jasmine Zollman	SO	Sage	DNS

**Nazareth Conference Tune-Up
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Results

Women Shot Put

Facility: 13.70m F 3/6/2020 Sarah Crockett
AARFTC: 11.50m A

Name	Yr	School	Finals
Finals			
1 Sarah Crockett	JR	Brockport	13.51mA
2 Zoe Conner	FR	Geneseo	12.22mA
3 Maleenah Ortiz	FR	Brockport	12.20mA
4 Makenna King	SO	St. John Fisher	12.07mA
5 Ellie Ramirez	SR	Brockport	11.88mA
6 Jordan Lehman	SR	St. John Fisher	11.54mA
7 Alandra Jones	FR	Oswego	11.52mA
8 Madison Palmer	JR	Alfred	11.48m
9 Lea Richard	SO	Nazareth	11.06m
10 Emma Kinnicutt	FR	Brockport	11.02m
11 Emily DiMarco	FR	RIT	10.99m
12 Alayna Fredenburg	SR	Brockport	10.81m
13 Lainey Porter	FR	Brockport	10.63m
14 Grace Mueller	SR	Rochester	10.52m
15 Liz Spencer	JR	Cortland	10.34m
16 Lyndsay O'Brien	JR	St. John Fisher	10.23m
17 Lindsay Fluman	JR	Oswego	10.07m
18 Tirzah Pilet	SR	RIT	10.06m
19 Michelle Russotti	FR	Brockport	9.99m
20 Deziree Garrick	FR	Rochester	9.86m
21 Nicole Hume	FR	Alfred State	9.85m
22 Katie Mullady	JR	Geneseo	8.80m
23 Dani Saba	JR	RIT	8.72m
24 Abigail Conpropst	SR	Oswego	8.56m
25 Grace Moyer	FR	Nazareth	8.55m
26 Tanyesha Darkins	JR	Alfred	8.44m
27 Logan Fredrickson	FR	St. John Fisher	8.32m
28 Haley Felton	FR	PSU-Behrend	8.00m
29 Sarah Armenia	FR	Brockport	7.87m
30 Abbey Conquest	FR	Nazareth	7.01m
--- Ally Criswell	SR	Nazareth	DNS

Women Weight Throw

Facility: 16.49m F 2/27/2021 Grace Messina
AARFTC: 14.00m A

Name	Yr	School	Finals
Finals			
1 Alayna Fredenburg	SR	Brockport	16.70mF
2 Sarah Crockett	JR	Brockport	16.07mA
3 Lea Richard	SO	Nazareth	15.72mA
4 Emma Kinnicutt	FR	Brockport	15.10mA
5 Gillian Reeder	JR	Rochester	14.96mA
6 Madison Palmer	JR	Alfred	14.50mA
7 Ellie Ramirez	SR	Brockport	14.12mA
8 Zoe Conner	FR	Geneseo	13.17m
9 Jordan Lehman	SR	St. John Fisher	12.94m
10 Grace Mueller	SR	Rochester	12.50m
11 Elizabeth Izydorczak	SR	St. John Fisher	12.45m
12 Sarah Parr	SO	Cortland	12.45m
13 Grace Moyer	FR	Nazareth	12.42m

14 Liz Spencer	JR	Cortland	12.27m
15 Tima Abdellatif	SR	Buffalo State	12.19m
16 Lindsay Fluman	JR	Oswego	12.18m
17 Deziree Garrick	FR	Rochester	12.09m
18 Vanessa Wish	JR	Rochester	11.80m
19 Abbey Gilman	SR	Rochester	11.70m
20 Cora Rose	FR	Rochester	11.44m
21 Lainey Porter	FR	Brockport	11.42m
22 Katherine Vonglis	SR	Rochester	11.41m
23 Emily DiMarco	FR	RIT	11.19m
24 Madison Jones	FR	St. John Fisher	10.90m
25 Marisa Stravino	SO	Fredonia	10.84m
26 Maleenah Ortiz	FR	Brockport	10.66m
27 Abigail Conpropst	SR	Oswego	10.59m
28 Nicole Hume	FR	Alfred State	10.48m
29 Tirzah Pilet	SR	RIT	10.37m
30 Alexis DeRaiche	FR	Geneseo	10.30m
31 Tanyesha Darkins	JR	Alfred	10.25m
32 Dani Saba	JR	RIT	7.32m
--- Eleanor Clarke	SO	Fredonia	FOUL
--- Ally Criswell	SR	Nazareth	DNS

Men 60 Meter Dash Invitational

Facility: 6.79 F 1/29/2022 Jalen Leonard-Osbourne
AARFTC: 7.15 A

Name	Yr	School	Prelims
Preliminaries			
1 Antonio Stello	JR	PSU-Behrend	7.16Q
1 Eric Stehlik	JR	PSU-Behrend	7.16Q
3 Mitchell Lienert	SO	Rochester	7.18Q
4 Connor McCauslin	JR	Nazareth	7.19Q
5 P.J. London	FR	Rochester	7.25q
6 Justin Jantzi	SO	RIT	7.26q
7 Blake Burns	SO	PSU-Behrend	7.26q
8 Manny Eribo	FR	Rochester	7.30q
9 Neil Peters	JR	Alfred	7.30
10 Tyler Hulse	JR	RIT	7.32
11 Frederick Liu	JR	Rochester	7.32
12 James Bentayou	JR	Rochester	7.32
13 Steven Li	JR	Rochester	7.33
14 Nas Muslim Dost	FR	Buffalo State	7.33
15 Kyle Lane	SO	Rochester	7.35
16 Curtis Cuvilly	JR	St. John Fisher	7.35
17 Esaias Brumfield	SO	Alfred State	7.36
18 Nick Hartman	FR	PSU-Behrend	7.37
19 Jonah Dean	JR	St. John Fisher	7.39
20 Benjamin Sheehan	FR	RIT	7.41
21 Mike Welch	JR	Nazareth	7.44
22 James Banks	FR	PSU-Behrend	7.46
23 David Adadjo	FR	Sage	7.47
24 Steven Jackson	SO	Alfred	7.48
25 Papa Dioum	JR	Alfred	7.49
26 Jack Howard	JR	Houghton	7.50
27 Froylan Reyes	FR	Brockport	7.50
28 Jaron Alexander	JR	Buffalo State	7.54

Nazareth Conference Tune-Up
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Preliminaries ... (Men 60 Meter Dash Invitational)

	Name	Yr	School	Prelims
29	Gabe Thyne	FR	Rochester	7.62
30	Joel Ramirez	FR	Buffalo State	7.65
---	Malcolm Smith	FR	Houghton	FS

Men 60 Meter Dash Invitational

Facility: 6.79 F 1/29/2022 Jalen Leonard-Osbourne

AARFTC: 7.15 A

	Name	Yr	School	Finals
Finals				
1	Antonio Stello	JR	PSU-Behrend	7.06A
2	Mitchell Lienert	SO	Rochester	7.12A
3	Eric Stehlik	JR	PSU-Behrend	7.15A
4	Connor McCauslin	JR	Nazareth	7.16
5	P.J. London	FR	Rochester	7.19
6	Blake Burns	SO	PSU-Behrend	7.27
7	Justin Jantzi	SO	RIT	7.27
8	Manny Eribo	FR	Rochester	7.42

Men 60 Meter Dash

Facility: 6.79 F 1/29/2022 Jalen Leonard-Osbourne

AARFTC: 7.15 A

	Name	Yr	School	Finals
Finals				
1	Brenden McBride	FR	RIT	7.31
2	Joseph Nettles	FR	Nazareth	7.45
3	Brendan Style	FR	Geneseo	7.46
4	Jarod Forer	SR	Rochester	7.50
5	Josiah Bowers	JR	St. John Fisher	7.55
6	Malachi Yeager	JR	Houghton	7.56
7	Vance Alvarez-Fleurima	FR	PSU-Behrend	7.57
8	Jonathan Jacobs	FR	RIT	7.58
9	Robert Hartigan	SO	St. John Fisher	7.61
10	John Wendt	SO	Alfred	7.63
11	Brady Bishop	FR	St. John Fisher	7.63
12	Lucas Thiele	FR	Rochester	7.63
13	Mamourou Kone	SO	Nazareth	7.65
14	Ethan Coxford	SO	St. John Fisher	7.66
15	Julian Hopkins	JR	RIT	7.66
16	James Pavelchak	FR	Brockport	7.66
17	Kel Dailey	SO	Buffalo State	7.67
18	Javon Bernard	SR	RIT	7.75
19	Josh Buhl	FR	PSU-Behrend	7.75
20	Ryan Delane	FR	St. John Fisher	7.77
21	Cameron Howard	JR	Alfred State	7.82
22	Amadou Sow	JR	RIT	7.88
23	Sky Tong	FR	PSU-Behrend	7.88
24	Kyle Reid	FR	Nazareth	7.91
25	Tyler Pinnock	JR	Fredonia	7.94
26	Dante Genovese	FR	Buffalo State	7.95
27	Collin Nasso	SO	Houghton	7.99
28	Peter Briggs	FR	St. John Fisher	7.99
29	Gavin Henderson	FR	St. John Fisher	8.02
30	Nate Marrero	SO	Alfred	8.32
31	Armon Khalek	FR	Sage	8.41

Men 200 Meter Dash

Facility: 22.10 F 1/29/2022 Aaron Jones

AARFTC: 22.90 A

	Name	Yr	School	Finals
Finals				
1	Gabe Lundy	JR	Rochester	22.66A
2	Mitchell Lienert	SO	Rochester	22.76A
3	Nick Abdo	JR	Fredonia	22.77A
4	Antonio Stello	JR	PSU-Behrend	22.87A
5	John Goldsizer	SO	Geneseo	23.01
6	Eric Stehlik	JR	PSU-Behrend	23.11
7	P.J. London	FR	Rochester	23.21
8	Aidan Harrington	SO	Oswego	23.31
9	David Ibalio	FR	Buffalo State	23.39
10	Justin Jantzi	SO	RIT	23.40
11	Jonah Dean	JR	St. John Fisher	23.42
12	Otto Wilson	SR	RIT	23.47
13	Ben Lewis	FR	Nazareth	23.50
14	Matthew Skakal	SR	RIT	23.51
15	Manny Eribo	FR	Rochester	23.53
16	Mike Welch	JR	Nazareth	23.53
17	Trenton Goyette	FR	RIT	23.56
18	Bryan Ivey	JR	Geneseo	23.62
19	Brenden McBride	FR	RIT	23.63
20	David Adadjo	FR	Sage	23.65
21	James Banks	FR	PSU-Behrend	23.71
22	Trenton Wynn	JR	St. John Fisher	23.83
23	Peter Brodnik	JR	Rochester	23.85
24	Robert Hartigan	SO	St. John Fisher	23.88
25	Connor McCauslin	JR	Nazareth	23.93
26	Nick Hartman	FR	PSU-Behrend	24.04
27	Neil Peters	JR	Alfred	24.05
28	Sam Lorenzetti	FR	Rochester	24.11
29	John Wendt	SO	Alfred	24.13
30	Papa Dioum	JR	Alfred	24.13
31	Kaleb Luton	JR	Nazareth	24.14
32	Chris Tremblay	SR	RIT	24.15
33	Timothy Trimboli	JR	Alfred	24.15
34	John Ruggio	SO	St. John Fisher	24.16
35	Steven Morrow	FR	Alfred	24.21
36	Matthew Doerner	JR	RIT	24.27
37	Jack Hickey	SO	Oswego	24.30
38	Brendan Style	FR	Geneseo	24.30
39	Curtis Cuvilly	JR	St. John Fisher	24.34
40	Mathew Broadnax	SO	Oswego	24.36
41	Max Stein	FR	RIT	24.40
42	Brady Bishop	FR	St. John Fisher	24.44
43	Matthew Then	FR	Brockport	24.46
44	Steven Jackson	SO	Alfred	24.54
45	Julian Hopkins	JR	RIT	24.58
46	James Bentayou	JR	Rochester	24.59
47	AJ Wells	SR	RIT	24.61
48	Jonathan Jacobs	FR	RIT	24.78
49	Josh Buhl	FR	PSU-Behrend	24.89
50	James Pavelchak	FR	Brockport	24.97

**Nazareth Conference Tune-Up
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Results**Finals ... (Men 200 Meter Dash)**

	Name	Yr	School	Finals
51	Dylan Devine	FR	Buffalo State	25.05
52	Kel Dailey	SO	Buffalo State	25.07
53	Jaron Alexander	JR	Buffalo State	25.15
54	Jordan Cancel	FR	Brockport	25.16
55	Malachi Yeager	JR	Houghton	25.22
56	Connor Kerr	SO	Alfred	25.22
57	Caleb Carr	FR	Brockport	25.25
58	Jonathan Vioral	FR	PSU-Behrend	25.26
59	Amadou Sow	JR	RIT	25.29
60	Joel Ramirez	FR	Buffalo State	25.32
61	Froylan Reyes	FR	Brockport	25.44
62	George Mecca	JR	Alfred	25.47
63	Mamourou Kone	SO	Nazareth	25.47
64	Ousmane Diallo	JR	Oswego	25.49
65	Tyler Pinnock	JR	Fredonia	25.52
66	Christopher Dorney	SO	Oswego	25.59
67	Chris Goodlander	FR	Buffalo State	25.65
68	Evan Kurtz	FR	Houghton	25.76
69	Dante Genovese	FR	Buffalo State	25.82
70	Ryan Delane	FR	St. John Fisher	25.83
71	Gavin Henderson	FR	St. John Fisher	26.00
72	Barisi Toage	FR	Fredonia	26.32
73	Sky Tong	FR	PSU-Behrend	26.67
74	Armon Khalek	FR	Sage	28.46
75	Daniel Kohaut	SO	RIT	28.69
---	Nate LaSorba	FR	Geneseo	DNF
---	Kyle Zaidel	FR	Geneseo	DNS
---	Blake Burns	SO	PSU-Behrend	DNS
---	Frederick Liu	JR	Rochester	DNS
---	Dion Putaski	FR	Brockport	DNS
---	Devin Kipp	SR	Brockport	DNS

Men 400 Meter Dash

Facility: 48.61 F 12/10/2021 Kieran Sheridan

AARFTC: 51.30 A

	Name	Yr	School	Finals
Finals				
1	Kieran Sheridan	JR	Geneseo	48.62A
2	Jason Rappazzo	SO	Geneseo	49.46A
3	Trenton Goyette	FR	RIT	51.12A
4	Matthew Skakal	SR	RIT	51.36
5	Aidan Harrington	SO	Oswego	52.16
6	Josh Jeziorski	SO	Brockport	52.66
7	Nick Markle	SO	Brockport	52.81
8	Otto Wilson	SR	RIT	52.84
9	Jack Hickey	SO	Oswego	52.95
10	Matthew Resnick	FR	RIT	52.97
11	Shawn Rosa	SO	Alfred State	53.42
12	Mathew Broadnax	SO	Oswego	53.44
13	Colin Hascup	FR	Rochester	53.48
14	Kyle Zaidel	FR	Geneseo	53.48
15	David Ibalio	FR	Buffalo State	53.70
16	Brennan Lewandowski	FR	Houghton	53.78
17	Chris Tremblay	SR	RIT	53.90

18	Joseph Nettles	FR	Nazareth	53.94
19	Alex Cooley	SR	RIT	53.99
20	Frank Derdzinski	JR	Brockport	54.01
21	Steven Morrow	FR	Alfred	54.07
22	Nate LaSorba	FR	Geneseo	54.13
23	Adam Smith	SR	Rochester	54.25
24	Zac Tingley	JR	PSU-Behrend	54.47
25	Jonathan Vioral	FR	PSU-Behrend	54.57
26	George Mecca	JR	Alfred	54.71
27	Luke Defio	FR	St. John Fisher	54.80
28	Peter Briggs	FR	St. John Fisher	55.16
29	Christopher Dorney	SO	Oswego	55.20
30	Matthew Kilian	SR	Brockport	55.26
31	Timothy Trimboli	JR	Alfred	55.31
32	Noah Engel	FR	Nazareth	55.32
33	Connor Kerr	SO	Alfred	55.32
34	AJ Wells	SR	RIT	55.45
35	Jordan Cancel	FR	Brockport	55.50
36	John Ruggio	SO	St. John Fisher	56.27
37	Caleb Carr	FR	Brockport	56.30
38	Dylan Devine	FR	Buffalo State	56.51
39	Jason Kincaid	SO	St. John Fisher	56.62
40	Miguel Tineo Reyes	FR	Oswego	59.44
41	Ousmane Diallo	JR	Oswego	59.70
42	Matthew Then	FR	Brockport	1:00.75
43	Gabe Chizzonite	FR	Buffalo State	1:02.07
---	Armon Khalek	FR	Sage	DNS
---	Travis Lambert	FR	St. John Fisher	DNS
---	Nathan Couse	JR	Oswego	DNS
---	Kelly Brown	SO	Brockport	DNS

Men 800 Meter Run

Facility: 1:54.20 F 1/29/2022 Kieran Sheridan

AARFTC: 1:58.50 A

	Name	Yr	School	Finals
Finals				
1	Ryan Karker	JR	Roberts Wesleyan	1:51.98F
2	Stephen Hoare	SO	Geneseo	1:57.78A
3	Dawson Tooker	FR	Geneseo	1:57.82A
4	Ryan Mitchell	SO	Geneseo	1:57.91A
5	Micah McCulley	FR	Geneseo	1:59.05
6	Zach Gauronski	JR	Geneseo	1:59.94
7	Nathan Bowers	JR	Nazareth	2:00.40
8	P.K. Kenyon	SO	RIT	2:00.78
9	Matthew Sheehan	FR	Geneseo	2:02.23
10	Spencer Ruediger	SO	Geneseo	2:02.46
11	Skye Crocker	FR	Rochester	2:02.50
12	Lucas Sharron	JR	Nazareth	2:02.93
13	Patrick Healy	SR	Nazareth	2:03.29
14	Max Hughes	JR	Rochester	2:03.33
15	Benaleo Daniels	SR	Buffalo State	2:03.41
16	Jack Hislop	FR	Geneseo	2:03.84
17	Micah Ford	FR	Geneseo	2:04.03
18	Ethan Glashauser	SO	Nazareth	2:04.25
19	Kyle Gronau	FR	Geneseo	2:04.29
20	Zach Peterman	FR	Fredonia	2:04.31

**Nazareth Conference Tune-Up
Golisano Training Center - 2/18/2022**

Results

Finals ... (Men 800 Meter Run)

	Name	Yr	School	Finals
21	Nate McNally	JR	Nazareth	2:04.62
22	Ethan Kenyon	FR	Nazareth	2:04.65
23	Nathan Couse	JR	Oswego	2:05.22
24	Matthew Pietzak	SO	Oswego	2:05.62
25	Jonah Epps	FR	Geneseo	2:05.94
26	Julian Corbeaux	FR	Geneseo	2:06.03
27	Adam McCutcheon	SO	Houghton	2:06.15
28	Ethan Pocock	SO	Fredonia	2:06.19
29	Dillon Bell	JR	Houghton	2:06.58
30	Aaron Mendez	FR	Fredonia	2:06.71
31	Brian Clark	FR	Alfred State	2:07.05
32	James Eustace	FR	Houghton	2:07.07
33	Lukas Walters	FR	Brockport	2:07.33
34	Dylan Esquivel	FR	St. John Fisher	2:07.34
35	Dave Russo	JR	Houghton	2:07.64
36	Peter MacNeil	SO	Rochester	2:07.90
37	Kobe Oley	SR	RIT	2:08.89
38	Grant Baldwin	SR	Alfred	2:09.86
39	Trevor Cline	FR	RIT	2:10.79
40	Jason Visosky	FR	PSU-Behrend	2:11.27
41	Jamie Schappi	FR	St. John Fisher	2:11.31
42	Mathieu Acquard	JR	St. John Fisher	2:11.45
43	Andrew Hvisdak	FR	Alfred State	2:12.14
44	Ethan Lowell	FR	St. John Fisher	2:12.67
45	Ethan Kuhn	FR	Alfred State	2:13.33
46	Joe Elgin	FR	PSU-Behrend	2:13.52
47	Dylan Beckhorn	JR	Houghton	2:13.55
48	Colin Campbell	FR	Houghton	2:15.08
49	Andy Freeman	FR	Rochester	2:15.76
50	Caleb Kasper	FR	Houghton	2:16.61
51	Henry Rose	FR	Oswego	2:18.78
52	Zach Tucker	FR	Houghton	2:18.82
53	Dominick Angradi	JR	Oswego	2:19.63
54	Jacob Heffner	FR	PSU-Behrend	2:21.58
55	Isaac Langer	FR	Sage	2:24.89
56	Sam Lyon	FR	Houghton	2:25.43
---	Theodore Pintabona	JR	Roberts Wesleyan	DNF
---	Jaxon Bunting	FR	Roberts Wesleyan	DNF
---	Kody Klein	FR	PSU-Behrend	DNS
---	Dominic Nova	SO	Sage	DNS

Men 1000 Meter Run

Facility: 2:31.46 F 12/10/2021 Joshua Goldberg

	Name	Yr	School	Finals
Finals				
1	Jonathan Zavala	FR	Brockport	2:31.52
2	Josh Walters	FR	Fredonia	2:34.46
3	Riley Grossman	JR	Geneseo	2:34.57
4	Kyle Jenkins	SR	Alfred	2:46.37
5	Chris Mayo	SR	Alfred	2:49.52
6	Yuner Sesmas	FR	Alfred	2:53.15
7	Luke Andres	SR	Geneseo	2:53.99
8	Vincent Mendez	SO	Fredonia	2:55.12
9	Miguel Tineo Reyes	FR	Oswego	2:56.44

10	Isaac Langer	FR	Sage	3:16.22
11	Brett Labier	JR	Sage	3:29.67
---	Gabe Thyne	FR	Rochester	DNS

Men 1 Mile Run

Facility: 4:13.19 F 3/7/2020 Robert Abrams

AARFTC: 4:24.00 A

	Name	Yr	School	Finals
Finals				
1	Ricardo Estremera		Unattached	4:18.40A
2	Riley Grossman	JR	Geneseo	4:19.39A
3	Ryan Mitchell	SO	Geneseo	4:19.61A
4	Phoenix Myers	SR	PSU-Behrend	4:23.42A
5	Thomas Kressly	SO	Brockport	4:25.39
6	Kyle Gronau	FR	Geneseo	4:25.64
7	Alex Hillyard	FR	Geneseo	4:26.99
8	Dillon McClary	FR	Geneseo	4:28.32
9	Jared Smith	FR	Brockport	4:29.19
10	William Hall	FR	Geneseo	4:31.93
11	Josh Tomaka	SR	Nazareth	4:32.78
12	Jared Hecht	FR	Fredonia	4:34.31
13	Dave Russo	JR	Houghton	4:35.54
14	Justin Thang	FR	Geneseo	4:36.86
15	Jake Suddaby	SR	Nazareth	4:38.91
16	Tony DiRubbo	SO	St. John Fisher	4:40.66
17	Ryan Wisniewski	FR	RIT	4:42.05
18	Andrew Deming	FR	Oswego	4:42.68
19	Myles Andersen	JR	St. John Fisher	4:43.33
20	Michael McGowan	FR	Brockport	4:43.44
21	Jacob Fricano	SO	RIT	4:43.51
22	Matt Reimann	SO	Nazareth	4:43.97
23	Ted Tomasello	FR	Fredonia	4:44.68
24	Cade Eells	FR	Nazareth	4:45.40
25	Kyle Full	JR	Alfred	4:46.53
26	Adam Hesseltine	JR	RIT	4:49.21
27	Colin Campbell	FR	Houghton	4:49.66
28	Caleb Kasper	FR	Houghton	4:50.11
29	Jamie Schappi	FR	St. John Fisher	4:50.53
30	Ryan English	SR	St. John Fisher	4:51.97
31	Shivansh Kumar	SO	RIT	4:52.53
32	Chris Annear	FR	PSU-Behrend	4:53.18
33	Dylan Beckhorn	JR	Houghton	4:54.41
34	Zach Tucker	FR	Houghton	4:56.40
35	Nate Kulp	FR	St. John Fisher	4:58.12
36	Bennett Kerr	FR	PSU-Behrend	4:58.45
37	Gavin Wilbert	SR	Alfred	4:59.44
38	Henry Rose	FR	Oswego	4:59.65
39	Kevin Flint	SO	Alfred	5:03.91
40	Dominick Angradi	JR	Oswego	5:04.25
41	Joey George	FR	PSU-Behrend	5:04.85
42	Daniel Sorge	FR	Buffalo State	5:07.63
43	Sam Lyon	FR	Houghton	5:10.76
44	Caleb Torres	JR	PSU-Behrend	5:21.03
45	Joshua Sandoval	FR	St. John Fisher	5:26.58
46	Nick Post	JR	PSU-Behrend	5:28.89
47	Nicholas Erickson	FR	Alfred	5:29.31

**Nazareth Conference Tune-Up
Golisano Training Center - 2/18/2022**

Results**Finals ... (Men 1 Mile Run)**

	Name	Yr	School	Finals
48	Brett Labier	JR	Sage	5:55.68
---	Nick Bauman	FR	Geneseo	DNF
---	Michael Brown	SR	Nazareth	DNS

Men 3000 Meter Run

Facility: 8:17.96 F 1/29/2022 Graham Tuohy-Gaydos

AARFTC: 8:50.00 A

	Name	Yr	School	Finals
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Finals

1	Ricardo Estremera		Unattached	8:37.44A
2	Nathaniel Brunacini	SR	Rochester	8:48.50A
3	Charlie Wilson	FR	Geneseo	8:50.14
4	Austin Schoen	FR	Geneseo	8:50.25
5	Gavin Bathgate	SO	Alfred State	8:55.34
6	Nick Gaitanis	SO	Rochester	8:55.39
7	Andrew Ford	SR	St. John Fisher	8:55.81
8	Nathan Couse	JR	Oswego	9:08.93
9	Jack Heraty	FR	Geneseo	9:09.37
10	Ben Russell	JR	RIT	9:11.73
11	Aidan Glynn	FR	Geneseo	9:11.84
12	Aidan Domencic	SO	PSU-Behrend	9:18.52
13	Sembel Koshi	SO	Fredonia	9:24.71
14	Mark Schneider	SO	Fredonia	9:26.38
15	Bogdan Rozvora	JR	St. John Fisher	9:31.31
16	Zachary Wortman	SR	PSU-Behrend	9:32.33
17	Riley Nash	FR	St. John Fisher	9:35.57
18	Max Rasilla	FR	Alfred	9:37.46
19	Matthew Pietzak	SO	Oswego	9:38.05
20	Chris Annear	FR	PSU-Behrend	9:40.04
21	Kevin Havens	JR	St. John Fisher	9:42.32
22	Bennett Kerr	FR	PSU-Behrend	9:43.20
23	Nathan Szatkowski	SO	St. John Fisher	9:50.50
24	Joe Degiorgio	JR	Sage	9:51.14
25	Sebastian Moreano	SR	RIT	9:51.65
26	Clayton Koppi	JR	RIT	9:51.99
27	Jonah Epps	FR	Geneseo	9:54.17
28	Emil George	FR	PSU-Behrend	9:56.60
29	Tony Gettino	SR	Fredonia	10:01.80
30	Joey George	FR	PSU-Behrend	10:10.08
31	Kevin Flint	SO	Alfred	10:11.63
32	Daniel Sorge	FR	Buffalo State	10:15.50
---	Joseph Hernandez-Bentley	FR	Fredonia	DNF
---	Andrew Deming	FR	Oswego	DNS
---	Nick Temel	SO	PSU-Behrend	DNS
---	Henry Rose	FR	Oswego	DNS
---	Phoenix Myers	SR	PSU-Behrend	DNS

Men 60 Meter Hurdles

Facility: 8.09 F 1/25/2020 Brent Di Vittorio

AARFTC: 8.70 A

	Name	Yr	School	Prelims
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Preliminaries

1	Connor McCauslin	JR	Nazareth	A 8.60Q
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2	Blake Burns	SO	PSU-Behrend	8.73Q
3	Brendan Style	FR	Geneseo	8.76Q
4	John Ruggio	SO	St. John Fisher	8.83Q
5	Peter Brodnik	JR	Rochester	8.83q
6	Mike Simpson	FR	Buffalo State	8.86q
7	Luke Andres	SR	Geneseo	8.87q
8	Trenton Wynn	JR	St. John Fisher	9.04q
9	Adam Smith	SR	Rochester	9.13
10	Aidan Harrington	SO	Oswego	9.15
11	Vance Alvarez-Fleurima	FR	PSU-Behrend	9.16
12	Alex Opsahl	JR	Rochester	9.33
13	Cole Siewert	SO	Rochester	9.36
14	Cullen Sullivan	SR	RIT	9.37
15	Matthew Doerner	JR	RIT	9.40
16	Roland Zanger	FR	Cortland	9.46
17	Daniel Kohaut	SO	RIT	9.49
18	Maxwell Blowers	JR	St. John Fisher	9.60
19	Derek Walter	SO	Alfred State	9.71
20	Peter Anderson	FR	RIT	9.78
21	Max Stein	FR	RIT	10.07
22	Carson Swierski	FR	Brockport	10.26
23	Luke Defio	FR	St. John Fisher	10.30
24	Andreas Ambarchian	SO	Buffalo State	10.90
---	Blake James	JR	Brockport	DNF

Men 60 Meter Hurdles

Facility: 8.09 F 1/25/2020 Brent Di Vittorio

AARFTC: 8.70 A

	Name	Yr	School	Finals
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Finals

1	Blake Burns	SO	PSU-Behrend	8.44A
2	Connor McCauslin	JR	Nazareth	8.45A
3	Brendan Style	FR	Geneseo	8.68A
4	Peter Brodnik	JR	Rochester	8.72
5	Luke Andres	SR	Geneseo	8.72
6	Mike Simpson	FR	Buffalo State	8.92
7	Trenton Wynn	JR	St. John Fisher	9.09
---	John Ruggio	SO	St. John Fisher	DNS

Men 4x200 Meter Relay

Facility: 1:29.98 F 3/7/2020 Rowan

J Owens, J Pratt, R Coyle, J Beasley

	Team	Relay	Finals
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Finals

1	PSU-Behrend	A	1:34.11
	1) Nick Hartman FR	2) Zac Tingley JR	
	3) Blake Burns SO	4) James Banks FR	
2	Alfred State	A	1:35.74
	1) Zach Rudewicz-Nepokroeff	2) Esaias Brumfield SO	
	3) Cameron Howard JR	4) Shawn Rosa SO	
---	Sage	A	DNS
	1) David Adadjo FR	2) Dominic Nova SO	
	3) Isaac Langer FR	4) Brett Labier JR	

**Nazareth Conference Tune-Up
Golisano Training Center - 2/18/2022**

Results

Men 4x400 Meter Relay

Facility: 3:17.02 F 3/6/2020 Rowan
J Beasley, J Bishop, J Kolodziej, F Terry
AARFTC: 3:27.00 A

Team	Relay	Finals
Finals		
1 Geneseo	A	3:17.86A
1) John Goldszer SO	2) Lance Jensen FR	
3) Bryan Ivey JR	4) Kieran Sheridan JR	
2 Fredonia	A	3:26.31A
1) Josh Walters FR	2) Griffin Dombroske SR	
3) Toby Onuoha JR	4) Nick Abdo JR	
3 Nazareth	A	3:28.30
1) Mike Welch JR	2) Ben Lewis FR	
3) Patrick Healy SR	4) Matt Johnson SR	
4 Houghton	A	3:32.85
1) Jack Howard JR	2) Malcolm Smith FR	
3) Collin Nasso SO	4) Brennan Lewandowski FR	
5 Buffalo State	A	3:42.04
1) David Ibalio FR	2) Chris Goodlander FR	
3) Joel Ramirez FR	4) Benaleo Daniels SR	
6 PSU-Behrend	A	3:46.55
1) Josh Buhl FR	2) Jason Visosky FR	
3) Jonathan Vioral FR	4) Joe Elgin FR	
7 Nazareth	B	x3:48.01
1) Josh Tomaka SR	2) Ethan Kenyon FR	
3) Lucas Sharron JR	4) Nate McNally JR	
8 Nazareth	C	x3:54.90
1) Nathan Bowers JR	2) Matt Reimann SO	
3) Ethan Glashauser SO	4) Cade Eells FR	
9 Houghton	B	x3:56.89
1) James Eustace FR	2) Adam McCutcheon SO	
3) Seth Greene SO	4) Dillon Bell JR	
--- Sage	A	DNS
1) David Adadjo FR	2) Joe Degiorgio JR	
3) Dominic Nova SO	4) Brett Labier JR	

Men High Jump

Facility: 2.17m F 12/10/2021 Kyle Rollins
AARFTC: 1.89m A

Name	Yr	School	Finals
Finals			
1 Kyle Rollins	SR	St. John Fisher	2.07mA
2 Tyler Hulse	JR	RIT	2.04mA
3 Sean Stewart	SO	Geneseo	1.94mA
4 Toby Onuoha	JR	Fredonia	1.94mA
5 Roland Zanger	FR	Cortland	1.84m
6 Alex Opsahl	JR	Rochester	1.79m
7 Sean Cochrane	SO	St. John Fisher	1.79m
7 Jesse Johnson	JR	Alfred State	1.79m
9 Collin Snyder	SR	Buffalo State	1.79m
10 Peter Anderson	FR	RIT	1.79m
11 Jasean Elliott	FR	Cortland	1.74m
12 Carson Swierski	FR	Brockport	1.74m
13 Luke Andres	SR	Geneseo	1.69m

14 Dan Tyson	FR	Houghton	1.64m
15 Josiah Bowers	JR	St. John Fisher	1.64m
--- Cole Siewert	SO	Rochester	NH
--- Jonathan McNamara	FR	Geneseo	NH
--- Eric Hamm	SR	RIT	NH
--- Ben Eassa	SR	RIT	NH
--- Andrew Correa	FR	Brockport	DNS

Men Pole Vault

Facility: 5.40m F 12/6/2019 Zach Ferrara
AARFTC: 4.40m A

Name	Yr	School	Finals
Finals			
1 Zach Ferrara		Unattached	5.30mA
2 Nicholas John	SR	RIT	4.72mA
3 Jarod Forer	SR	Rochester	4.27m
4 Josh Pomerleau	SR	Nazareth	4.27m
5 Noah Koeng	FR	RIT	4.12m
5 Brett Patmore	JR	Geneseo	4.12m
7 James Schmidt	SO	Rochester	3.97m
8 Zach Smith	FR	Brockport	3.97m
9 Alexander Bauer	FR	RIT	3.67m
9 Duncan Haldeman	FR	RIT	3.67m
11 Nathan Jennings	JR	Oswego	3.67m
12 Samuel Jenkins	FR	RIT	3.67m
13 Marshall Testa	FR	Geneseo	3.67m
13 Nicholas Read	FR	Nazareth	3.67m
15 Emmett Vanderstouw	SR	Brockport	3.52m
16 Aidan Sheahan	SO	RIT	3.52m
--- Christopher Robinson	FR	RIT	NH
--- Chris Gualtieri	FR	Fredonia	NH
--- Adam Palmer	JR	St. John Fisher	NH
--- Ben Eassa	SR	RIT	NH
--- Josh Carpenter	FR	Houghton	NH
--- Matthew Carr	JR	St. John Fisher	DNS
--- Matt McBride	FR	RIT	DNS
--- Drew Miller	FR	Brockport	DNS
--- Brennan Hong	FR	Rochester	DNS

Men Long Jump

Facility: 7.27m F 2/21/2020 Egypt Page
AARFTC: 6.65m A

Name	Yr	School	Finals
Finals			
1 Josh Jeziorski	SO	Brockport	7.03mA
2 James King	JR	Geneseo	6.65mA
3 Dion Putaski	FR	Brockport	6.59m
4 Zach Rudewicz-Nepokroci	SO	Alfred State	6.59m
5 Nas Muslim Dost	FR	Buffalo State	6.55m
6 Matt Johnson	SR	Nazareth	6.44m
7 Benjamin Sheehan	FR	RIT	6.35m
8 Sam Lorenzetti	FR	Rochester	6.32m
9 Lucas Thiele	FR	Rochester	6.30m
10 Kyle Lane	SO	Rochester	6.28m
11 Nick Donnell	SR	Rochester	6.25m
12 Nicholas Kruger	SO	Geneseo	6.24m

**Nazareth Conference Tune-Up
Golisano Training Center - 2/18/2022**

Results

Finals ... (Men Long Jump)

	Name	Yr	School	Finals
13	Derek Edick	FR	Brockport	6.19m
14	Gavin Luckey	JR	Houghton	6.17m
15	Malachi Yeager	JR	Houghton	6.11m
16	Connor Burrows	SR	RIT	5.98m
17	Michael Tait	FR	RIT	5.98m
18	Gabe Thyne	FR	Rochester	5.97m
19	Manny Eribo	FR	Rochester	5.97m
20	Raphael Abel	SR	RIT	5.97m
21	D'Andre Hunter	FR	Brockport	5.94m
22	Justin Rhoden	FR	Brockport	5.81m
23	Zakh Chowdhury	FR	Sage	5.68m
24	Kalum Holbrook	FR	Alfred	5.55m
25	Lamar Reeves III	JR	Brockport	5.55m
26	Sam Tuttle	FR	Brockport	5.55m
27	Carson Swierski	FR	Brockport	5.49m
28	Dan Tyson	FR	Houghton	5.29m
29	Nate Marrero	SO	Alfred	4.56m
---	Brett Patmore	JR	Geneseo	DNS

Men Triple Jump

Facility: 14.84m F 3/6/2020 Ahmir Johnson

AARFTC: 13.40m A

	Name	Yr	School	Finals
Finals				
1	Joshua Feldberg	JR	Geneseo	14.74mA
2	Toby Onuoha	JR	Fredonia	13.55mA
3	Kaleb Luton	JR	Nazareth	13.32m
4	Griffin Dombroske	SR	Fredonia	13.14m
5	D'Andre Hunter	FR	Brockport	13.08m
6	Savion Joyles	SO	St. John Fisher	13.02m
7	David Adadjio	FR	Sage	13.01m
8	Evan Watt	SR	RIT	12.99m
9	Raphael Abel	SR	RIT	12.78m
10	Dion Putaski	FR	Brockport	12.68m
11	Connor Burrows	SR	RIT	12.35m
12	Michael Tait	FR	RIT	12.03m
13	Gavin Luckey	JR	Houghton	12.02m
14	Justin Rhoden	FR	Brockport	11.87m
15	Kyle Reid	FR	Nazareth	11.85m
---	Zakh Chowdhury	FR	Sage	DNS
---	Lamar Reeves III	JR	Brockport	DNS

Men Shot Put

Facility: 17.27m F 2/21/2020 Tony DeYoung

AARFTC: 13.85m A

	Name	Yr	School	Finals
Finals				
1	Art Jordan	SR	Brockport	16.15mA
2	Matthew Funicelli	SR	RIT	15.69mA
3	Alex Rood	FR	Brockport	15.31mA
4	Elijah Washington	SR	Brockport	14.83mA
5	John Coddington	JR	Sage	14.41mA
6	John Demy	SR	Brockport	14.26mA
7	James O'Neill	SR	Rochester	13.91mA

8	Matt Faulise	SR	Brockport	13.88mA
9	Dylan Perlino	JR	Alfred State	13.50m
10	Dylan Rykert	SO	Rochester	13.36m
11	Greg Cole-Allen	SO	Geneseo	13.32m
12	Mitchell Makowski	JR	Cortland	13.12m
13	Ryan Swavelly	SR	Rochester	12.83m
14	Kevin Fobare	SO	Rochester	12.79m
15	Michael Saavedra	JR	Oswego	12.43m
16	Joe Bumpus	SR	Rochester	12.40m
17	Jason Marincic	FR	Brockport	12.21m
18	Nolan Ragland	SO	Rochester	12.18m
19	Peter Stefos	SR	RIT	11.83m
20	Ben Jordan	SR	RIT	11.61m
21	Nicholas Larocque	SO	Cortland	11.49m
22	Zach Trump	FR	Brockport	11.48m
23	Jordan Johnson	FR	Rochester	11.43m
24	Josh Auler	FR	RIT	11.38m
25	Jacob DeWilde	FR	Brockport	11.38m
26	Daniel Stephens	SO	St. John Fisher	11.35m
27	Chris Perez	JR	Nazareth	10.94m
28	Brendan Funke	FR	Brockport	10.84m
29	Logan Clouse	SO	RIT	10.74m
30	Matt Muscolo	FR	Brockport	10.72m
31	Nick Kaides	FR	Cortland	10.54m
32	Michael Cichon	FR	St. John Fisher	10.28m
33	Matt Laslavic	FR	PSU-Behrend	10.13m
34	Joseph Jerkovich	SR	St. John Fisher	10.11m
35	Jack Mott	SR	St. John Fisher	9.86m
---	Connor Ferris	JR	Brockport	DNS

Men Weight Throw

Facility: 19.85m F 12/6/2019 Luis Rivera

AARFTC: 15.00m A

	Name	Yr	School	Finals
Finals				
1	Matthew Funicelli	SR	RIT	17.01mA
2	Chris Perez	JR	Nazareth	16.78mA
3	Matt Faulise	SR	Brockport	16.51mA
4	Connor Ferris	JR	Brockport	16.22mA
5	Ryan Swavelly	SR	Rochester	16.13mA
6	Mitchell Makowski	JR	Cortland	15.81mA
7	Elijah Washington	SR	Brockport	15.66mA
8	John Coddington	JR	Sage	15.58mA
9	Joe Bumpus	SR	Rochester	14.73m
10	John Demy	SR	Brockport	14.43m
11	Jordan Johnson	FR	Rochester	14.27m
12	Nolan Ragland	SO	Rochester	14.16m
13	James O'Neill	SR	Rochester	13.96m
14	Aidan Hughes	SR	RIT	13.89m
15	Peter Stefos	SR	RIT	13.84m
16	Dylan Perlino	JR	Alfred State	13.73m
17	Greg Cole-Allen	SO	Geneseo	13.70m
18	Jack Bickford	JR	St. John Fisher	13.53m
19	Jacob DeWilde	FR	Brockport	13.21m
20	Kevin Fobare	SO	Rochester	12.87m
21	Jack Mott	SR	St. John Fisher	12.86m

Nazareth Conference Tune-Up
Golisano Training Center - 2/18/2022
Results

Finals ... (Men Weight Throw)

	Name	Yr	School	Finals
22	Alex Rood	FR	Brockport	12.46m
23	Dylan Rykert	SO	Rochester	12.22m
24	Josh Auler	FR	RIT	12.12m
25	Matt Muscolo	FR	Brockport	11.79m
26	Nick Kaires	FR	Cortland	11.64m
27	Andrew Parnapy	FR	Alfred	11.61m
28	Zajans Crapo	FR	Rochester	11.61m
29	Yohermy Kpodo	SO	RIT	11.59m
30	Nicholas Larocque	SO	Cortland	10.95m
31	Tyler Spencer	FR	Buffalo State	10.72m
32	Kenneth Berlin	SO	Alfred	10.56m
33	Elliot Bernacki	FR	RIT	10.52m
34	Brendan Funke	FR	Brockport	9.91m
35	Logan Clouse	SO	RIT	9.32m
---	Art Jordan	SR	Brockport	DNS